



imbruvica[®]
(ibrutinib)

420, 280, 140 mg tablets | 140, 70 mg capsules

Talking to Your Doctor About IMBRUVICA[®]

Use this guide to help start a conversation
with your doctor today.

WHAT IS IMBRUVICA[®] (ibrutinib)?

IMBRUVICA[®] (ibrutinib) is a prescription medicine used to treat:

- Adults with chronic lymphocytic leukemia (CLL)/Small lymphocytic lymphoma (SLL).
- Adults with chronic lymphocytic leukemia (CLL)/Small lymphocytic lymphoma (SLL) with 17p deletion.

It is not known if IMBRUVICA[®] is safe and effective in children.

SELECT SIDE EFFECT INFORMATION

IMBRUVICA[®] may cause serious side effects, including: bleeding problems (hemorrhage); infections; heart rhythm problems (ventricular arrhythmias, atrial fibrillation, and atrial flutter); heart failure and death; high blood pressure (hypertension); decrease in blood cell counts; second primary cancers; and tumor lysis syndrome (TLS).

Please review the additional Important Side Effect Information on pages 10-13.

Please see the full Important Product Information at rxabbvie.com/pdf/imbruvica_pi.pdf

Your doctor is your treatment expert



You may have already learned a lot about your condition and available treatments—from friends, family, or other sources. But it can be hard to sift through all that information and know what’s most important. Your doctor, nurse, and the other healthcare professionals who support you specialize in treatment for conditions like yours, so take advantage of their expertise.

For many people, that relationship looks a lot like a partnership. Each of you brings important knowledge and skills. You’re the expert on you—yourself and your needs. Your team can help you find a treatment option that fits those needs.

It may help to think about this treatment partnership in 3 steps:

1.



Reflect

on what you need

2.



Gather information

from your healthcare team

3.



Put your **treatment plan** in motion

1. Reflect

What's Most Important to You?



Your health needs are the top priority when working with your doctor to make a treatment decision. Take some time before your appointment to think about how you feel, what you need most, and what you hope to gain from your treatment.

Ask yourself these questions. Write your answers in the space below.



1. How am I feeling right now? What symptoms have I been experiencing?

2. What do I want/expect from treatment (for example, how effective will this treatment option be)?

3. What are some of the concerns I have about starting treatment (for example, costs or treatment support)?

4. What kind of support do I need (for example, someone to listen, someone to drive me to appointments)?

2. Gather Information

What Do You Need to Know More About?



Even when you feel comfortable talking with your doctor, it can be hard to remember what you wanted to discuss during your appointment. Use this cheat sheet at your next visit or bring your own notes. If you are confused about anything your doctor says, try asking them to explain it again in a different way.



Ask your doctor any questions you may have. Here are a few to get you started.

Question: How will I know if my CLL is getting worse or if it's time to start treatment?

Answer: _____

Question: I've heard about IMBRUVICA® (ibrutinib), can you tell me more about it?

Answer: _____

Question: How could my doctor adjust my medication dose if I experience certain side effects to help me stay on treatment?

Answer: _____

Question: How can food or drinks or over-the-counter medications affect my treatment?

Answer: _____

Write your own question here:

Answer: _____

3. Activate Your Treatment Plan

What's Next?



Once you've connected with your doctor and care team and learned more about your options, it's time to make your action plan. Start with the ideas below and customize them to fit your needs.

My Plan

My next appointment date is: _____

At the last appointment, my doctor recommended that I: _____

I intend to:

- Do more research [about CLL](#)
- Keep track of CLL symptoms and any [side effects](#) from my medication
- Follow my prescribed medication routine
- Keep up with the latest news on my condition
- Connect with a [support group](#)

- _____
- _____

When I need it, I will ask _____ for support.

Other actions I intend to take are: _____



Bringing It All Together

Reflect on what you need > **Gather information** from your doctor > **Put your plan in motion**

Ready to get started? Your doctor is here to help and guide you. Use what you've learned to **work together** to find the treatment and support that is right for *you*.

Keep track of how you're feeling

Use this space to note any symptoms you may be experiencing.



A series of ten horizontal lines for writing, located within a light gray rectangular area that has a spiral binding on the left side.



Receive one-on-one support with the By Your Side* program

IMBRUVICA® By Your Side gives you financial support options, one-on-one support, and educational resources to help you start and stay on track with IMBRUVICA® (ibrutinib). A personal **IMBRUVICA® By Your Side Ambassador†** can answer your questions. They're committed to listening to you, understanding your concerns, and giving you the support you need, when you need it.

Whether you need help developing a routine, staying on track with your prescribed treatment plan, or have questions about cost or coverage, **support is just a phone call away.**



Sign up for By Your Side patient support online at imbruvica.com/imbruvica-by-your-side-enrollment, or by calling

1-888-YourSide
(1-888-968-7743)

*IMBRUVICA® By Your Side patient support program is not intended to provide medical advice, replace prescribed treatment plans, or provide treatment or case management services. Patients are advised to talk to their healthcare provider and treatment team about any medical decisions and concerns they may have.

†By Your Side Ambassadors are provided by Janssen Biotech, Inc. and Pharmacyclics LLC, an AbbVie Company, and do not work under the direction of your healthcare professional (HCP) or give medical advice. They are trained to direct patients to their HCP for treatment-related advice, including further referrals.

The IMBRUVICA® By Your Side Ambassador can:



Connect patients to an insurance specialist who can help explain insurance coverage, estimate out-of-pocket expenses, and navigate any changes

- Insurance specialists can also help explain out-of-pocket costs for patients with federally funded insurance plans like Medicare, Medicaid, or TRICARE



Identify potential financial support options

- Eligible patients who are covered by commercial insurance may pay as little as \$0 per prescription* with the **IMBRUVICA® By Your Side Copay Card**



Send specially selected education and support materials to meet each patient's unique needs

*Eligibility: Available to patients with commercial insurance coverage for IMBRUVICA® (ibrutinib) who meet eligibility criteria. This copay assistance program is not available to patients receiving prescription reimbursement under any federal, state, or government-funded insurance programs (for example, Medicare [including Part D], Medicare Advantage, Medigap, Medicaid, TRICARE, Department of Defense, or Veterans Affairs programs) or where prohibited by law. Offer subject to change or termination without notice. Restrictions, including monthly maximums, may apply. This is not health insurance. For full Terms and Conditions, visit <https://www.imbruvica.com/imbruvica-by-your-side> or call 1-888-968-7743 for additional information. For information on how we collect and process your personal data, including the categories we collect, purposes for their collection, and disclosures to third parties, visit https://www.pharmacyclics.com/privacy-notice.html#info_pcp.

Reach Further With Support Groups

It can also be helpful to talk to others who have shared a similar experience. Support groups that meet in person or online can be helpful resources, but make sure that the group is run by a trustworthy person or organization.

These organizations may be able to help you connect with a support group in your area. You can also ask your doctor for ideas about which support group is right for you.

Remember, always refer to your healthcare team for medical advice regarding your care and treatment.

American Cancer Society

www.cancer.org

CancerCare

www.cancercare.org

Cancer.Net

www.cancer.net

Cancer Support Community

www.cancersupportcommunity.org

CLL Society

www.cllsociety.org

CURE: Cancer Updates, Research, and Education

www.curetoday.com

Leukemia & Lymphoma Society

www.lls.org

Lymphoma Research Foundation

<https://lymphoma.org/resources/>

National Comprehensive Cancer Network

www.nccn.org/patientresources/patient-resources

Patient Advocate Foundation

www.patientadvocate.org

Patient Empowerment Network

www.powerfulpatients.org

IMPORTANT SIDE EFFECT INFORMATION

Before taking IMBRUVICA[®], tell your healthcare provider about all of your medical conditions, including if you:

- have had recent surgery or plan to have surgery. Your healthcare provider may stop IMBRUVICA[®] for any planned medical, surgical, or dental procedure.
- have bleeding problems
- have or had heart rhythm problems, smoke, or have a medical condition that increases your risk of heart disease, such as high blood pressure, high cholesterol, or diabetes
- have an infection
- have liver problems
- are pregnant or plan to become pregnant. IMBRUVICA[®] can harm your unborn baby. If you are able to become pregnant, your healthcare provider will do a pregnancy test before starting treatment with IMBRUVICA[®]. Tell your healthcare provider if you are pregnant or think you may be pregnant during treatment with IMBRUVICA[®].
 - **Females** who are able to become pregnant should use effective birth control (contraception) during treatment with IMBRUVICA[®] and for 1 month after the last dose.
 - **Males** with female partners who are able to become pregnant should use effective birth control, such as condoms, during treatment with IMBRUVICA[®] and for 1 month after the last dose.
- are breastfeeding or plan to breastfeed. Do not breastfeed during treatment with IMBRUVICA[®] and for 1 week after the last dose.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking IMBRUVICA[®] with certain other medicines may affect how IMBRUVICA[®] works and can cause side effects.

How should I take IMBRUVICA[®]?

- Take IMBRUVICA[®] exactly as your healthcare provider tells you to take it.
- Take IMBRUVICA[®] 1 time a day at about the same time each day.

IMPORTANT SIDE EFFECT INFORMATION (cont'd)

IMBRUVICA® comes as capsules or tablets.

- **If your healthcare provider prescribes IMBRUVICA® capsules or tablets:**
 - Swallow IMBRUVICA® capsules or tablets whole with a glass of water.
 - Do not open, break, or chew IMBRUVICA® capsules.
 - Do not cut, crush, or chew IMBRUVICA® tablets.
- If you miss a dose of IMBRUVICA® take it as soon as you remember on the same day. Take your next dose of IMBRUVICA® at your regular time on the next day. Do not take extra doses of IMBRUVICA® to make up for a missed dose.
- If you take too much IMBRUVICA® call your healthcare provider or go to the nearest hospital emergency room right away.

What should I avoid while taking IMBRUVICA®?

- You should not drink grapefruit juice, eat grapefruit, or eat Seville oranges (often used in marmalades) during treatment with IMBRUVICA®. These products may increase the amount of IMBRUVICA® in your blood.

What are the possible side effects of IMBRUVICA®?

IMBRUVICA® may cause serious side effects, including:

- **Bleeding problems (hemorrhage) are common** during treatment with IMBRUVICA®, and can also be serious and may lead to death. Your risk of bleeding may increase if you are also taking a blood thinner medicine. Tell your healthcare provider if you have any signs of bleeding, including: blood in your stools or black stools (looks like tar), pink or brown urine, unexpected bleeding, or bleeding that is severe or that you cannot control, vomit blood or vomit looks like coffee grounds, cough up blood or blood clots, increased bruising, dizziness, weakness, confusion, change in your speech, or a headache that lasts a long time or severe headache.
- **Infections** can happen during treatment with IMBRUVICA®. These infections can be serious and may lead to death. Tell your healthcare provider right away if you have fever, chills, weakness, confusion, or other signs or symptoms of an infection during treatment with IMBRUVICA®.

IMPORTANT SIDE EFFECT INFORMATION (cont'd)

- **Heart problems.** Serious heart rhythm problems (ventricular arrhythmias, atrial fibrillation and atrial flutter), heart failure and death have happened in people treated with IMBRUVICA[®], especially in people who have an infection, an increased risk for heart disease, or have had heart rhythm problems in the past. Your heart function will be checked before and during treatment with IMBRUVICA[®]. Tell your healthcare provider if you get any symptoms of heart problems, such as feeling as if your heart is beating fast and irregular, lightheadedness, dizziness, shortness of breath, swelling of the feet, ankles or legs, chest discomfort, or you faint. If you develop any of these symptoms, your healthcare provider may do tests to check your heart and may change your IMBRUVICA[®] dose.
- **High blood pressure (hypertension).** New or worsening high blood pressure has happened in people treated with IMBRUVICA[®]. Your healthcare provider may start you on blood pressure medicine or change current medicines to treat your blood pressure.
- **Decrease in blood cell counts.** Decreased blood counts (white blood cells, platelets, and red blood cells) are common with IMBRUVICA[®], but can also be severe. Your healthcare provider should do monthly blood tests to check your blood counts.
- **Second primary cancers.** New cancers have happened during treatment with IMBRUVICA[®], including cancers of the skin or other organs.
- **Tumor lysis syndrome (TLS).** TLS is caused by the fast breakdown of cancer cells. TLS can cause kidney failure and the need for dialysis treatment, abnormal heart rhythm, seizure, and sometimes death. Your healthcare provider may do blood tests to check you for TLS.

The most common side effects of IMBRUVICA[®] in adults with B-cell malignancies (CLL/SLL and WM) include:

- diarrhea
- tiredness
- muscle and bone pain
- rash
- bruising
- nausea

IMPORTANT SIDE EFFECT INFORMATION (cont'd)

Diarrhea is a common side effect in people who take IMBRUVICA®. Drink plenty of fluids during treatment with IMBRUVICA® to help reduce your risk of losing too much fluid (dehydration) due to diarrhea. Tell your healthcare provider if you have diarrhea that does not go away.

These are not all the possible side effects of IMBRUVICA®. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

General information about the safe and effective use of IMBRUVICA®

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use IMBRUVICA® for a condition for which it was not prescribed. Do not give IMBRUVICA® to other people, even if they have the same symptoms that you have. It may harm them. You can ask your pharmacist or healthcare provider for information about IMBRUVICA® that is written for health professionals.

Uses

What is IMBRUVICA® (ibrutinib)?

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(ibrutinib)
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